

## Nepal

### US State Dept Travel Advisory

The US Department of State currently recommends US citizens **RECONSIDER TRAVEL** to Nepal due to COVID-19. Exercise increased caution in Nepal due to the potential for isolated political violence. Consult its website daily via the link below for any travel advisories about visiting this country.

<https://travel.state.gov/content/travel/en/traveladvisories/traveladvisories.html>

### Passport/Visa Requirements

US citizens should make sure their passport will not expire for at least 6 months after they enter the country even if they do not intend to stay that long. They should also make sure they have at least 1 blank page in their passport for any entry stamp and or visa that will be required. A visa is required. US citizens will need to get in touch with the country's embassy or nearest consulate to obtain a visa prior to visiting the country.

### US Embassy/ Consulate

+977 1 423-4000, +977 1 400-7272; US Embassy in Kathmandu, Embassy of the United States of America, Maharajgunj, Kathmandu, Nepal

### Vaccinations

An International Certificate of Vaccination for yellow fever is required for travelers arriving from countries with a risk of yellow fever transmission and for travelers having transited through the airport of a country with risk of yellow fever transmission. See WHO recommendations.

<http://www.who.int>

### Climate

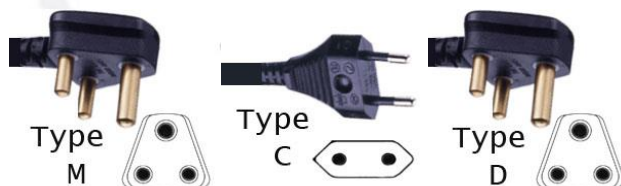
Varies from cool summers and severe winters in north to subtropical summers and mild winters in south

### Currency (Code)

Nepalese rupees (NPR)

### Electricity/Voltage/Plug Type(s)

230 V / 50 Hz / plug type(s): C, D, M



### Major Languages

Nepali 44.6%, Maithali 11.7%, Bhojpuri 6%, Tharu 5.8%, Tamang 5.1%, Newar 3.2%, Bajjika 3%, Magar 3%, Doteli 3%, Urdu 2.6%, Avadhi 1.9%, Limbu 1.3%, Gurung 1.2%, Baitadeli 1%, other 6.4%, unspecified 0.2%; note: 123 languages reported as mother tongue in 2011 national census; many in government and business also speak English

### Religions

Hindu 81.3%, Buddhist 9%, Muslim 4.4%, Kirant 3.1%, Christian 1.4%, other 0.5%, unspecified 0.2%

### Time Difference

UTC+5.75 (10.75 hours ahead of Washington, DC, during Standard Time)

<b>Potable Water</b>	Opt for bottled water.
<b>International Driving Permit</b>	An IDP is required, and after 15 days, a local license is required.
<b>Road Driving Side</b>	Left
<b>Tourist destinations</b>	Kathmandu (includes Boudhanath Stupa, Durbar Square); Bhaktapur; Pokhara; Annapurna Circuit trek; Chitwan National Park; Lumbini (Buddha Birthplace)
<b>Cultural Practices</b>	After food has touched one's lips, many Nepalese consider it unclean. This belief applies to drinking from bottled water, or offering to share snacks.
<b>Tipping Guidelines</b>	At restaurants, if a service charge has not been included, 10% of the bill is an acceptable tip. Porters may be tipped \$2-4 (USD) per day, guides \$3-5 (USD) per day.
<b>Telephone Code</b>	977
<b>Local Emergency Phone</b>	Ambulance: 228094; Fire: local number; Police: 100

Please visit the following links to find further information about your desired destination.

[World Health Organization \(WHO\) - To learn what vaccines and health precautions to take while visiting your destination. http://www.who.int](http://www.who.int)

[US State Dept Travel Information - Overall information about foreign travel for US citizens. https://travel.state.gov/content/travel/en/international-travel.html](https://travel.state.gov/content/travel/en/international-travel.html)

[To obtain an international driving permit \(IDP\). Only two organizations in the US issue IDPs: American Automobile Association \(AAA\) \(www.aaa.com\) and American Automobile Touring Alliance \(AATA\) \(www.aataidp.com\)](http://www.aaa.com)

US citizens may call the US Dept of State (+1-202-501-4444) for emergencies abroad.

Thursday, January 28, 2021